HeadStart
a future in AI for girls

Newsletter 4

www.**headstart-ai**.eu

2025
Newsletter 4

By
HeadStart Consortium

Project Success

Looking Back, and Moving Forward

A Shared Journey Towards Inclusive AI

After two years of European collaboration, the **HeadStart** project reaches its conclusion. What began as a shared ambition to make **artificial intelligence more accessible, inclusive, and ethical** has grown into a rich journey of experimentation, dialogue, and collective learning across countries and sectors.

Throughout the project, partners worked closely to explore how AI can be approached in ways that **empower young women and support educators**. Through continuous exchange, testing, and reflection, HeadStart has contributed to a stronger understanding of AI challenges and opportunities, more visible and relatable career pathways, and a growing community committed to responsible and inclusive technology practices.

Building Lasting Impact

At the heart of HeadStart was a clear focus on sustainability and real-world relevance. Resources were not only designed but also co-developed, tested, and refined with end users in mind. Activities carried out on the ground translated ideas into concrete outcomes: increased confidence among participants, improved AI literacy, and stronger connections between young people, educators, and professionals working in the field.

Mentoring & Career Guidance: Learning Through Connection

Mentoring and networking formed core pillars of the HeadStart project. Career guidance sessions were delivered in Luxembourg, alongside an informal networking and mentoring session in Ireland, complemented by webinars and local outreach activities in Portugal. These initiatives culminated in a pan-European online speed mentoring session, organised in collaboration with the University of Luxembourg, bringing together participants and mentors from across the partnership countries.

These initiatives brought together young women and experienced female AI professionals from Luxembourg, Portugal, and Ireland. The sessions created safe and supportive spaces for open dialogue, enabling participants to ask questions, share experiences, and gain first-hand insight into careers in AI and technology. Beyond skills and information, mentoring helped foster trust, inspiration, and a sense of possibility.
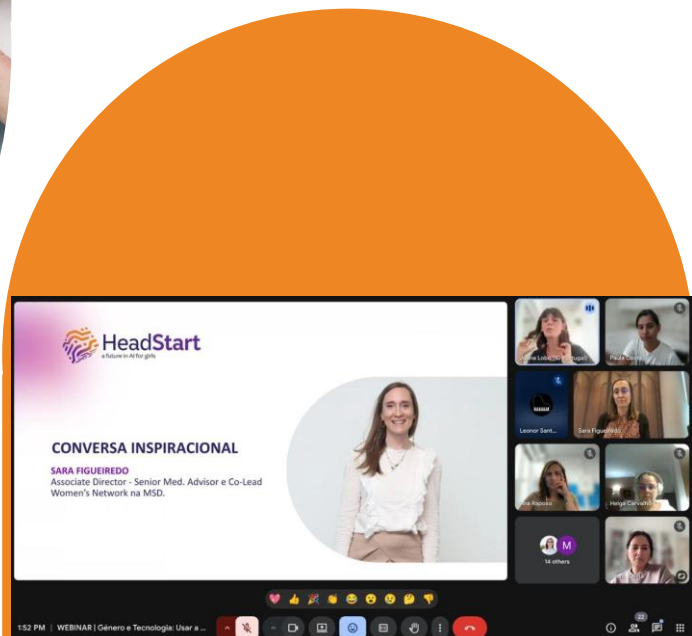
From Concept to Practice

Testing & Experimentation: Ensuring Relevance in Practice

As part of Work Package 3, HeadStart's tools were tested in real-life settings, including during MEGALAB in Luxembourg. These experimentation phases were essential for validating the project's resources and ensuring they responded to genuine needs.

Feedback gathered from participants and educators informed improvements and refinements, helping to ensure that the final outputs are practical, accessible, and adaptable across different educational and cultural contexts.

Continuing the Momentum: Resources That Live On

Although the HeadStart project formally concludes, its impact continues through a suite of open, accessible, and practical resources designed to support ongoing learning, mentoring, and collaboration around inclusive and responsible artificial intelligence.

This directory highlights women working across AI, technology, research, and innovation who are open to being contacted by young people, educators, and organisations. By showcasing diverse career paths and lived experiences, the directory helps demystify AI careers, supports mentoring relationships, and provides tangible examples of what is possible for girls and young women considering their future in this field.

Alongside the directory, the following resources remain available:

- **Visual Resource Hub** – A centralised space featuring short videos from AI mentors, designed to support understanding of AI topics while offering inspiring, real-world perspectives.

- **AI Toolbox** – A practical collection of activities, lesson ideas, and ready-to-use materials for educators and young curious women or youth professionals working in formal, non-formal, and informal settings.

- **HeadStart Networking Guide** – A hands-on guide supporting teachers, youth workers, and mentors to create simple but impactful encounters that build confidence, spark curiosity, and encourage girls and women to engage with AI.

Together, these resources form a sustainable foundation for continued action, learning, and collaboration…ensuring that the HeadStart legacy supports inclusive AI engagement well beyond the project's lifetime.

HeadStart

a future in AI for girls

Get in touch with us by joining our **LinkedIn** group and following our **LinkedIn page** and our **Instagram page**. Stay tuned for updates and exciting content!

www.**headstart-ai**.eu

Follow our journey